**Herstory II**

my mother is a superhero

what can you tell me about the woman in your life

a sister, a daughter, a grandma or your wife

did you see them at their zero?

okay!

well, let me tell you something about my mother

she's been places, seen faces

from siko sales to having her own empire

fought for whatever she desired

she's rock

see, I feel we've seen women like that

we have heard them sing songs of freedom

we've heard their ululations

we've heard genuine cries

so what are you telling me about their troubles

yet we constantly ignored their struggles

I’ve seen a girl fight so much for what she believed in

she climbed mountains

built bridges

she even created enemies

just so she could be heard

and look, it's not a fight she chose

she just wants to be able to be part of a society

without being told she's not good enough

or without being told she's just a woman

she doesn't just want to participate in the peace building of her society

she wants to influence decisions

she wants to be part of the table

she's able

now, how can we hear her voice, when

her mental state is constantly dropping

her heart is constantly stopping

from the ache of self-doubt

why can't she ask for what she wants

without being labelled angry

I remember a girl that gave up on life

hurt by the person that should protect her

she was raped

she wallowed in her silence for too long

she asked me to tell her story

because she can no longer speak without facing judgement

"how can you continue to live in a world that constantly tells you otherwise"

her words

another soul damaged by a system that defined how you should live.

see, I said my mother is a superhero

she built resilience

created her independence

fought for her worth

stood above cultural notions

now why is it heard to give a woman her rightful place in the society

every hand is necessary to build that which has been broken

I want us to work through our mindset of the grass-root women having information.

There is no one who has the know-how of peacebuilding like these women.

I heard her

we heard her

you too should also include her!